Develop the skills needed to participate in NRA Action Pistol competition, as well as the basic skills required for personal protection. An NRA Basic Pistol, Personal Protection or FIRST Steps Pistol Orientation course will provide an excellent foundation of knowledge to build upon. The NRA Basic Pistol Qualification Course provides the perfect self-paced shooting activity to help develop your skills and reward your achievements.

**Guidelines**

All rules and requirements for this qualification course are listed below.

**Pistols and Revolvers**

Any semi-automatic pistol or revolver may be used. All calibers compete together.

**Sights**

Any sights may be used.

**Targets**

Nine-inch paper plates or paper discs, and AP-1 or AP-2 precision targets (trademarked as the Bianchi target) are used.

**Timers**

When time restrictions are specified, shooters should have another individual act as timekeeper, or play a recorded tape with timing sequences and start/stop signals.

**Awards**

- Pistol Qualification Patch
- Skill Rockers
- Medals and Medal Bar
- Skill Level Pins

See pages 39-41 for complete information on qualification awards. Reference Materials on page 42.

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**Pistol Course of Fire**

**Basic Practical:**

This rating is achieved by completing the practical exercise conducted during the NRA Basic Pistol Course.

**Pro-Marksman:**

**Position:** Benchrest, two hands.

**Distance:** 15 feet.

**Target:** Paper plates or paper disks (nine-inch diameter).

**Time:** No restrictions.

**Course of Fire and Rating Requirements:** Shoot 10 plates with five shots on each plate. All shots must be inside a half-inch margin from the edge of the plate. The 10 plates do not have to be fired in succession or on the same day.

**Marksman:**

**Position:** Standing, two hands.

**Distance:** 15 feet.

**Target:** Paper plates or paper disks (nine-inch diameter).

**Time:** No restrictions.

**Course of Fire and Rating Requirements:** Shoot 10 plates with 10 shots on each plate. All shots must be inside a one and a half-inch margin from the edge of the plate. The 10 plates do not have to be fired in succession or on the same day.
Marksman First Class:
Position: Standing, two hands with strong side and weak side stages.
Note: Strong side means the strong hand—usually the writing hand—grips the gun first and functions the trigger while the weak hand provides additional support. Weak side means the weak hand grips first and functions the trigger while the strong hand provides additional support.
Distance:
15 feet AP-2 target
30 feet AP-1 target
Target: AP-1 or AP-2 precision target
This is conducted in two stages. Both stages must be completed in the same session to qualify as one completed course of fire.
Stage 1 Strong Side: Five targets with 10 shots in each, in 6 minutes.
Stage 2 Weak Side: Five targets with 10 shots in each, in 6 minutes.
A total of 10 shots per target.
Possible score per target: 100
Course of Fire and Rating
Requirements: Shoot 10 targets, five with a score of 46 or better and five with a score of 56 or better. The 10 targets do not have to be fired in succession or on the same day.

Sharpshooter:
Position: Standing, ready, two hands, with strong side and weak side stages
Distance: 15 feet AP-2 target
30 feet AP-1 target
Target: AP-1 or AP-2 precision target
This is conducted in two stages. Both stages must be completed in the same session to qualify as one completed course of fire.
Stage 1 Strong Side: Five shots in three minutes and five shots in 10 seconds
Stage 2 Weak Side: Five shots in three minutes and five shots in 10 seconds
A total of 20 shots (10 per target).
Possible score: 200
Course of Fire and Rating
Requirements: Shoot two times over the course with a minimum score of 130 or better and three times over the course with a minimum score of 150 or better. The number of courses does not have to be fired in succession or on the same day.

Distinguished Expert:
Firing for the Distinguished Expert rating must be witnessed by an NRA member (with current ID number), or an NRA Instructor or coach (with current ID number).
Position: Standing, ready, with two hands; strong hand and weak hand stages.
Distance: 15 feet AP-2 target
30 feet AP-1 target
Target: AP-1 or AP-2 precision target
Target Setup:
AP-1: One target hung at 30 feet with the top edge of the target at eye level
AP-2: One target hung at 15 feet with the top edge of the target at eye level
This is conducted in four stages; the four stages must be completed in the same session to qualify as one completed course.
Stage 1: 5 rounds, strong side, 2 hands in 10 seconds
Stage 2: 5 rounds, strong side, 1 hand in 10 seconds
Stage 3: 5 rounds, weak side, 2 hands in 10 seconds
Stage 4: 5 rounds, weak side, 1 hand in 10 seconds
Course of Fire and Rating
Requirement: Shoot three times over the course with a minimum score of 145, and three times over the course with a minimum score of 170. The number of courses does not have to be fired in succession or on the same day.

For shooting tips please visit: www.nrahq.org/education/training/marksmanship